

Rzeźnik na Raty - dzień I

 Organizator: OTK Rzeźnik
 Data: 2015-06-01
 Miejsce: Komańcza
 Dystans: 33 km

Rzeźnik na Raty - dzień I, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|-----------------------|----|---------------------------|------------------|------|------|--------|----------|----------|----------|--------|------|
| 1 | DOMISZEWSKI IGNACY | 67 | USTRZYKI DOLNE | USTRZYKI DOLNE | | M20 | 1 | 01:30:02 | 02:52:29 | 02:52:29 | 5:13 | 11.5 |
| 2 | GARDENER JACEK | 39 | JACEKBIEGA RUNNING TEAM | WARSZAWA | | M40 | 1 | 01:35:16 | 02:59:41 | 02:59:41 | 5:26 | 11 |
| 3 | JAKUBCZYK PAWEŁ | 30 | CKBABCIE | KIELCE | | M30 | 1 | 01:37:49 | 03:06:46 | 03:06:46 | 5:39 | 10.6 |
| 4 | CIOŚMAK ANDRZEJ | 40 | PZU SPORT TEAM | BRATKOWICE | | M30 | 2 | 01:45:14 | 03:13:26 | 03:13:26 | 5:51 | 10.2 |
| 5 | PRĘDKI MIROSLAW | 59 | JASŁO | PRZYŚIEKI | | M30 | 3 | 01:47:17 | 03:17:49 | 03:17:49 | 5:59 | 10 |
| 6 | STYCZEŃ PIOTR | 24 | CKBABCIE | CHĘCINY | | M30 | 4 | 01:45:31 | 03:20:39 | 03:20:39 | 6:04 | 9.9 |
| 7 | JAKUBCZYK DARIUSZ | 31 | CKBABCIE | PODZAMCZE | | M30 | 5 | 01:49:35 | 03:25:29 | 03:25:29 | 6:13 | 9.6 |
| 8 | BONDARA SYLWIA | 71 | JACEK BIEGA | | | K20 | 1 | 01:58:03 | 03:39:51 | 03:39:51 | 6:39 | 9 |
| 9 | ŚWIERCZYŃSKI MARCIN | 28 | WARSZAWA | WARSZAWA | | M30 | 6 | 01:57:50 | 03:46:32 | 03:46:32 | 6:51 | 8.7 |
| 10 | JOSYPENKO BOŻENA | 65 | JACEKBIEGA RUNNING TEAM | WARSZAWA | | K30 | 1 | 02:10:17 | 03:55:46 | 03:55:46 | 7:08 | 8.4 |
| 11 | JOSYPENKO JĘDRZEJ | 66 | JACEKBIEGA RUNNING TEAM | WARSZAWA | | M20 | 2 | 02:10:19 | 03:55:46 | 03:55:46 | 7:08 | 8.4 |
| 12 | WOSIK MAREK | 68 | WARSZAWA | WARSZAWA | | M60 | 1 | 02:08:10 | 03:57:22 | 03:57:22 | 7:11 | 8.3 |
| 13 | TOMCZYK FERDYNAND | 48 | MODLITWA BIEGANIA GRYFINO | GRYFINO | | M50 | 1 | 02:08:04 | 03:57:44 | 03:57:44 | 7:12 | 8.3 |
| 14 | FIJALKOWSKI RADOŚLAW | 49 | GCW CROSSFIT WARSZAWA | WARSZAWA | | M30 | 7 | 01:58:07 | 04:02:37 | 04:02:37 | 7:21 | 8.2 |
| 15 | GREWIŃSKI TOMASZ | 43 | RUN KAYAX RUN | WARSZAWA | | M40 | 2 | 02:07:03 | 04:02:48 | 04:02:48 | 7:21 | 8.2 |
| 16 | CYGANEK GRZEGORZ | 47 | BYDGOSZCZ | BYDGOSZCZ | | M30 | 8 | 02:07:08 | 04:03:04 | 04:03:04 | 7:21 | 8.1 |
| 17 | STAN MARCIN | 38 | WHITE RABBIT RUNNING TEAM | WARSZAWA | | M40 | 3 | 02:08:08 | 04:07:07 | 04:07:07 | 7:29 | 8 |
| 18 | ZIELIŃSKI ZBIGNIEW | 26 | WARSZAWA | WARSZAWA | | M40 | 4 | 02:08:03 | 04:08:28 | 04:08:28 | 7:31 | 8 |
| 19 | STAWIARSKI JAKUB | 55 | LONGPLAY GORZÓW WLKP | KŁODAWA | | M20 | 3 | 01:57:52 | 04:12:23 | 04:12:23 | 7:38 | 7.8 |
| 20 | RUZIK RAFAŁ | 44 | WARSZAWA | WARSZAWA | | M30 | 9 | 02:03:07 | 04:13:09 | 04:13:09 | 7:40 | 7.8 |
| 21 | FĄFARA MAREK | 17 | KS KOZIOŁEK | KĘDZIERZYN-KOŹLE | | M30 | 10 | 02:14:14 | 04:15:20 | 04:15:20 | 7:44 | 7.8 |
| 22 | KRUPCZYŃSKI MICHAŁ | 37 | KRUPOLS TEAM | SZCZECIN | | M20 | 4 | 02:14:19 | 04:15:20 | 04:15:20 | 7:44 | 7.8 |
| 23 | KWIATEK TOMASZ | 25 | JACEKBIEGA RUNNING TEAM | WARSZAWA | | M30 | 11 | 02:16:55 | 04:17:13 | 04:17:13 | 7:47 | 7.7 |
| 24 | BAŃCZAK KAMIL | 60 | | LESKO | | M20 | 5 | 01:50:27 | 04:20:08 | 04:20:08 | 7:52 | 7.6 |
| 25 | ŁYSAKIEWICZ PAWEŁ | 13 | NSK PERON | WARSZAWA | | M20 | 6 | 02:15:08 | 04:20:13 | 04:20:13 | 7:53 | 7.6 |
| 26 | KONSTANTY KATARZYNA | 10 | KRAKÓW | KRAKÓW | | K30 | 2 | 02:17:19 | 04:22:34 | 04:22:34 | 7:57 | 7.5 |
| 27 | PRÓBAN ROBERT | 64 | GLIWICE | GLIWICE | | M30 | 12 | 02:18:40 | 04:22:34 | 04:22:34 | 7:57 | 7.5 |
| 28 | KRUPCZYŃSKI SZYMON | 36 | KRUPOLS TEAM | RASZYN | | M20 | 7 | 02:21:00 | 04:35:35 | 04:35:35 | 8:21 | 7.2 |
| 29 | SADOWSKI RAFAŁ | 63 | BELCHATÓW | BELCHATÓW | | M20 | 8 | 02:10:20 | 04:35:57 | 04:35:57 | 8:21 | 7.2 |
| 30 | KRUPCZYŃSKI MARIUSZ | 27 | KRUPOLS TEAM | RASZYN | | M50 | 2 | 02:20:58 | 04:35:58 | 04:35:58 | 8:21 | 7.2 |
| 31 | WĘGIELEWSKI BARTOSZ | 52 | | KRAKÓW | | M30 | 13 | 02:15:05 | 04:42:42 | 04:42:42 | 8:34 | 7 |
| 32 | STENCEL PIOTR | 61 | WODZISŁAW ŚLĄSKI | WODZISŁAW ŚL | | M40 | 5 | 02:35:27 | 04:48:19 | 04:48:19 | 8:44 | 6.9 |
| 33 | GURAK-STENCEL IZABELA | 62 | WODZISŁAW ŚLĄSKI | WODZISŁAW ŚL | | K40 | 1 | 02:35:29 | 04:48:19 | 04:48:19 | 8:44 | 6.9 |
| 34 | SŁOWIŃSKI KAROL | 72 | | KRAKÓW | | M30 | 14 | 02:27:22 | 04:48:55 | 04:48:55 | 8:45 | 6.9 |
| 35 | GURDEK WERONIKA | 19 | KRAKÓW | KRAKÓW | | K20 | 2 | 02:32:08 | 04:48:58 | 04:48:58 | 8:45 | 6.9 |
| 36 | PRZYBYLSKI WITEK | 73 | OTK RZEŹNIK | GLIWICE | | M30 | 15 | 02:07:53 | 04:49:32 | 04:49:32 | 8:46 | 6.8 |
| 37 | KRYŚIAK ROBERT | 53 | | BORZEĆCIN MAŁY | | M40 | 6 | 02:30:09 | 04:51:19 | 04:51:19 | 8:49 | 6.8 |
| 38 | ZOCHNIAK MAREK | 46 | PIASTÓW | PIASTÓW | | M50 | 3 | 02:30:10 | 04:51:19 | 04:51:19 | 8:49 | 6.8 |
| 39 | GŁOWACKI MICHAŁ | 50 | ŁĘCZYCA | ŁĘCZYCA | | M20 | 9 | 02:20:14 | 04:51:31 | 04:51:31 | 8:50 | 6.8 |
| 40 | KOWALCZYK MARIUSZ | 18 | RANDOM | RANDOM | | M30 | 16 | 02:21:55 | 04:52:12 | 04:52:12 | 8:51 | 6.8 |
| 41 | GRONIECKI MIKOŁAJ | 33 | WARSZAWA | WARSZAWA | | M30 | 17 | 02:20:25 | 04:52:49 | 04:52:49 | 8:52 | 6.8 |
| 42 | ANDRZEJEWSKI MACIEJ | 34 | WARSZAWA | WARSZAWA | | M30 | 18 | 02:31:18 | 04:52:50 | 04:52:50 | 8:52 | 6.8 |
| 43 | GAURA ŁUKASZ | 11 | BYDGOSZCZ | BYDGOSZCZ | | M30 | 19 | 02:21:34 | 04:53:49 | 04:53:49 | 8:54 | 6.7 |
| 44 | DMOWSKI PAWEŁ | 51 | ŁĘCZYCA | ŁĘCZYCA | | M20 | 10 | 02:36:54 | 04:53:49 | 04:53:49 | 8:54 | 6.7 |
| 45 | BUĆKO ARTUR | 21 | JELENIA GÓRA | JELENIA GÓRA | | M50 | 4 | 02:44:38 | 05:05:22 | 05:05:22 | 9:15 | 6.5 |
| 46 | LENARCZYK MARCIN | 42 | | WARSZAWA | | M30 | 20 | 02:36:14 | 05:15:56 | 05:15:56 | 9:34 | 6.3 |
| 47 | LENARCZYK MICHAŁ | 41 | | WARSZAWA | | M20 | 11 | 02:36:15 | 05:15:56 | 05:15:56 | 9:34 | 6.3 |
| 48 | JABŁOŃSKI KAZIMIERZ | 57 | PRĄDY | PRĄDY | | M60 | 2 | 02:44:28 | 05:27:59 | 05:27:59 | 9:56 | 6 |

Rzeźnik na Raty - dzień I, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|---------------------|----|--------------------------------|----------------------|------|------|--------|----------|----------|----------|--------|------|
| 49 | KONIK JAROSŁAW | 56 | BBL KRAKÓW-NORAFSPORT | KRAKÓW | | M40 | 7 | 03:01:55 | 05:44:53 | 05:44:53 | 10:27 | 5.7 |
| 50 | ANTOSZ MONIKA | 20 | NORAFSPORT | KRAKÓW | | K40 | 2 | 03:02:05 | 05:44:53 | 05:44:53 | 10:27 | 5.7 |
| 51 | BARCEWICZ MARTA | 54 | 12TRI.PL DRUŻYNA WILKA OLSZTYN | BISZTYNEK | | K20 | 3 | 03:53:42 | 06:08:16 | 06:08:16 | 11:09 | 5.4 |
| 52 | BRZEZOWSKA BEATA | 69 | ALBATROSY | WARSZAWA | | K40 | 3 | 02:44:38 | 06:27:45 | 06:27:45 | 11:45 | 5.1 |
| 53 | ZARZYCKA MONIKA | 12 | KB JOGGER NOWY DWÓR MAZOWIECKI | NOWY DWÓR MAZOWIECKI | | K20 | 4 | 02:46:28 | 06:52:45 | 06:52:45 | 12:30 | 4.8 |
| 54 | SOBIESKA ALEKSANDRA | 15 | | WARSZAWA | | K30 | 3 | 02:44:32 | | | 9:51 | 6.1 |
| 55 | OBARSKA MAŁGORZATA | 32 | | STARACHOWICE | | K50 | 1 | 03:14:17 | | | 11:38 | 5.2 |
| 56 | MIRECKI JAN | 14 | | WARSZAWA | | M40 | 8 | | | | 5:20 | 11.3 |

Rzeźnik na Raty - dzień I, Kobiety

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|-----------------------|----|--------------------------------|----------------------|------|------|--------|----------|----------|----------|--------|------|
| 1 | BONDARA SYLWIA | 71 | JACEK BIEGA | | | K20 | 1 | 01:58:03 | 03:39:51 | 03:39:51 | 6:39 | 9 |
| 2 | JOSYPENKO BOŻENA | 65 | JACEKBIEGA RUNNING TEAM | WARSZAWA | | K30 | 1 | 02:10:17 | 03:55:46 | 03:55:46 | 7:08 | 8.4 |
| 3 | KONSTANTY KATARZYNA | 10 | KRAKÓW | KRAKÓW | | K30 | 2 | 02:17:19 | 04:22:34 | 04:22:34 | 7:57 | 7.5 |
| 4 | GURAK-STENCEL IZABELA | 62 | WODZISŁAW ŚLĄSKI | WODZISŁAW ŚL | | K40 | 1 | 02:35:29 | 04:48:19 | 04:48:19 | 8:44 | 6.9 |
| 5 | GURDEK WERONIKA | 19 | KRAKÓW | KRAKÓW | | K20 | 2 | 02:32:08 | 04:48:58 | 04:48:58 | 8:45 | 6.9 |
| 6 | ANTOSZ MONIKA | 20 | NORAFSPORT | KRAKÓW | | K40 | 2 | 03:02:05 | 05:44:53 | 05:44:53 | 10:27 | 5.7 |
| 7 | BARCEWICZ MARTA | 54 | 12TRI.PL DRUŻYNA WILKA OLSZTYN | BISZTYNEK | | K20 | 3 | 03:53:42 | 06:08:16 | 06:08:16 | 11:09 | 5.4 |
| 8 | BRZEZOWSKA BEATA | 69 | ALBATROSY | WARSZAWA | | K40 | 3 | 02:44:38 | 06:27:45 | 06:27:45 | 11:45 | 5.1 |
| 9 | ZARZYCKA MONIKA | 12 | KB JOGGER NOWY DWÓR MAZOWIECKI | NOWY DWÓR MAZOWIECKI | | K20 | 4 | 02:46:28 | 06:52:45 | 06:52:45 | 12:30 | 4.8 |
| 10 | SOBIESKA ALEKSANDRA | 15 | | WARSZAWA | | K30 | 3 | 02:44:32 | | | 9:51 | 6.1 |
| 11 | OBARSKA MAŁGORZATA | 32 | | STARACHOWICE | | K50 | 1 | 03:14:17 | | | 11:38 | 5.2 |

Rzeźnik na Raty - dzień I, Mężczyźni

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|----------------------|----|---------------------------|------------------|------|------|--------|----------|----------|----------|--------|------|
| 1 | DOMISZEWSKI IGNACY | 67 | USTRZYKI DOLNE | USTRZYKI DOLNE | | M20 | 1 | 01:30:02 | 02:52:29 | 02:52:29 | 5:13 | 11.5 |
| 2 | GARDENER JACEK | 39 | JACEKBIEGA RUNNING TEAM | WARSZAWA | | M40 | 1 | 01:35:16 | 02:59:41 | 02:59:41 | 5:26 | 11 |
| 3 | JAKUBCZYK PAWEŁ | 30 | CKBABCIE | KIELCE | | M30 | 1 | 01:37:49 | 03:06:46 | 03:06:46 | 5:39 | 10.6 |
| 4 | CIOŚMAK ANDRZEJ | 40 | PZU SPORT TEAM | BRATKOWICE | | M30 | 2 | 01:45:14 | 03:13:26 | 03:13:26 | 5:51 | 10.2 |
| 5 | PRĘDKI MIROŚLAW | 59 | JASŁO | PRZYSIEKI | | M30 | 3 | 01:47:17 | 03:17:49 | 03:17:49 | 5:59 | 10 |
| 6 | STYCZEŃ PIOTR | 24 | CKBABCIE | CHĘCINY | | M30 | 4 | 01:45:31 | 03:20:39 | 03:20:39 | 6:04 | 9.9 |
| 7 | JAKUBCZYK DARIUSZ | 31 | CKBABCIE | PODZAMCZE | | M30 | 5 | 01:49:35 | 03:25:29 | 03:25:29 | 6:13 | 9.6 |
| 8 | ŚWIERCZYŃSKI MARCIN | 28 | WARSZAWA | WARSZAWA | | M30 | 6 | 01:57:50 | 03:46:32 | 03:46:32 | 6:51 | 8.7 |
| 9 | JOSYPENKO JĘDRZEJ | 66 | JACEKBIEGA RUNNING TEAM | WARSZAWA | | M20 | 2 | 02:10:19 | 03:55:46 | 03:55:46 | 7:08 | 8.4 |
| 10 | WOSIK MAREK | 68 | | WARSZAWA | | M60 | 1 | 02:08:10 | 03:57:22 | 03:57:22 | 7:11 | 8.3 |
| 11 | TOMCZYK FERDYNAND | 48 | MODLITWA BIEGANIA GRYFINO | GRYFINO | | M50 | 1 | 02:08:04 | 03:57:44 | 03:57:44 | 7:12 | 8.3 |
| 12 | FIJALKOWSKI RADOŚLAW | 49 | GCW CROSSFIT WARSZAWA | WARSZAWA | | M30 | 7 | 01:58:07 | 04:02:37 | 04:02:37 | 7:21 | 8.2 |
| 13 | GREWIŃSKI TOMASZ | 43 | RUN KAYAX RUN | WARSZAWA | | M40 | 2 | 02:07:03 | 04:02:48 | 04:02:48 | 7:21 | 8.2 |
| 14 | CYGANEK GRZEGORZ | 47 | BYDGOSZCZ | BYDGOSZCZ | | M30 | 8 | 02:07:08 | 04:03:04 | 04:03:04 | 7:21 | 8.1 |
| 15 | STAN MARCIN | 38 | WHITE RABBIT RUNNING TEAM | WARSZAWA | | M40 | 3 | 02:08:08 | 04:07:07 | 04:07:07 | 7:29 | 8 |
| 16 | ZIELIŃSKI ZBIGNIEW | 26 | WARSZAWA | WARSZAWA | | M40 | 4 | 02:08:03 | 04:08:28 | 04:08:28 | 7:31 | 8 |
| 17 | STAWIARSKI JAKUB | 55 | LONGPLAY GORZÓW WLKP | KŁODAWA | | M20 | 3 | 01:57:52 | 04:12:23 | 04:12:23 | 7:38 | 7.8 |
| 18 | RUŻIK RAFAŁ | 44 | WARSZAWA | WARSZAWA | | M30 | 9 | 02:03:07 | 04:13:09 | 04:13:09 | 7:40 | 7.8 |
| 19 | FĄFARA MAREK | 17 | KS KOZIOŁEK | KĘDZIERZYN-KOŹLE | | M30 | 10 | 02:14:14 | 04:15:20 | 04:15:20 | 7:44 | 7.8 |
| 20 | KRUPCZYŃSKI MICHAŁ | 37 | KRUPOLS TEAM | SZCZECIN | | M20 | 4 | 02:14:19 | 04:15:20 | 04:15:20 | 7:44 | 7.8 |
| 21 | KWIATEK TOMASZ | 25 | JACEKBIEGA RUNNING TEAM | WARSZAWA | | M30 | 11 | 02:16:55 | 04:17:13 | 04:17:13 | 7:47 | 7.7 |
| 22 | BAŃCZAK KAMIL | 60 | | LESKO | | M20 | 5 | 01:50:27 | 04:20:08 | 04:20:08 | 7:52 | 7.6 |
| 23 | ŁYSAKIEWICZ PAWEŁ | 13 | NSK PERON | WARSZAWA | | M20 | 6 | 02:15:08 | 04:20:13 | 04:20:13 | 7:53 | 7.6 |
| 24 | PRÓBAN ROBERT | 64 | GLIWICE | GLIWICE | | M30 | 12 | 02:18:40 | 04:22:34 | 04:22:34 | 7:57 | 7.5 |
| 25 | KRUPCZYŃSKI SZYMON | 36 | KRUPOLS TEAM | RASZYN | | M20 | 7 | 02:21:00 | 04:35:35 | 04:35:35 | 8:21 | 7.2 |
| 26 | SADOWSKI RAFAŁ | 63 | BELCHATÓW | BELCHATÓW | | M20 | 8 | 02:10:20 | 04:35:57 | 04:35:57 | 8:21 | 7.2 |
| 27 | KRUPCZYŃSKI MARIUSZ | 27 | KRUPOLS TEAM | RASZYN | | M50 | 2 | 02:20:58 | 04:35:58 | 04:35:58 | 8:21 | 7.2 |

Rzeźnik na Raty - dzień I, Mężczyźni c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|---------------------|----|-----------------------|---------------|------|------|--------|----------|----------|----------|--------|------|
| 28 | WĘGIELEWSKI BARTOSZ | 52 | | KRAKÓW | | M30 | 13 | 02:15:05 | 04:42:42 | 04:42:42 | 8:34 | 7 |
| 29 | STENCEL PIOTR | 61 | WODZISŁAW ŚLĄSKI | WODZISŁAW ŚL | | M40 | 5 | 02:35:27 | 04:48:19 | 04:48:19 | 8:44 | 6.9 |
| 30 | SŁOWIŃSKI KAROL | 72 | | KRAKÓW | | M30 | 14 | 02:27:22 | 04:48:55 | 04:48:55 | 8:45 | 6.9 |
| 31 | PRZYBYLSKI WITEK | 73 | OTK RZEŹNIK | GLIWICE | | M30 | 15 | 02:07:53 | 04:49:32 | 04:49:32 | 8:46 | 6.8 |
| 32 | KRYSIAK ROBERT | 53 | | BORZĘCIN MAŁY | | M40 | 6 | 02:30:09 | 04:51:19 | 04:51:19 | 8:49 | 6.8 |
| 33 | ZOCHNIAK MAREK | 46 | PIASTÓW | PIASTÓW | | M50 | 3 | 02:30:10 | 04:51:19 | 04:51:19 | 8:49 | 6.8 |
| 34 | GŁOWACKI MICHAŁ | 50 | ŁĘCZYCA | ŁĘCZYCA | | M20 | 9 | 02:20:14 | 04:51:31 | 04:51:31 | 8:50 | 6.8 |
| 35 | KOWALCZYK MARIUSZ | 18 | RADOM | RADOM | | M30 | 16 | 02:21:55 | 04:52:12 | 04:52:12 | 8:51 | 6.8 |
| 36 | GRONIECKI MIKOŁAJ | 33 | WARSZAWA | WARSZAWA | | M30 | 17 | 02:20:25 | 04:52:49 | 04:52:49 | 8:52 | 6.8 |
| 37 | ANDRZEJEWSKI MACIEJ | 34 | WARSZAWA | WARSZAWA | | M30 | 18 | 02:31:18 | 04:52:50 | 04:52:50 | 8:52 | 6.8 |
| 38 | GAURA ŁUKASZ | 11 | BYDGOSZCZ | BYDGOSZCZ | | M30 | 19 | 02:21:34 | 04:53:49 | 04:53:49 | 8:54 | 6.7 |
| 39 | DMOWSKI PAWEŁ | 51 | ŁĘCZYCA | ŁĘCZYCA | | M20 | 10 | 02:36:54 | 04:53:49 | 04:53:49 | 8:54 | 6.7 |
| 40 | BUĆKO ARTUR | 21 | JELEŃ GÓRA | JELEŃ GÓRA | | M50 | 4 | 02:44:38 | 05:05:22 | 05:05:22 | 9:15 | 6.5 |
| 41 | LENARCZYK MARCIN | 42 | | WARSZAWA | | M30 | 20 | 02:36:14 | 05:15:56 | 05:15:56 | 9:34 | 6.3 |
| 42 | LENARCZYK MICHAŁ | 41 | | WARSZAWA | | M20 | 11 | 02:36:15 | 05:15:56 | 05:15:56 | 9:34 | 6.3 |
| 43 | JABŁOŃSKI KAZIMIERZ | 57 | PRĄDY | PRĄDY | | M60 | 2 | 02:44:28 | 05:27:59 | 05:27:59 | 9:56 | 6 |
| 44 | KONIK JAROSŁAW | 56 | BBL KRAKÓW-NORAFSPORT | KRAKÓW | | M40 | 7 | 03:01:55 | 05:44:53 | 05:44:53 | 10:27 | 5.7 |
| 45 | MIRECKI JAN | 14 | | WARSZAWA | | M40 | 8 | | | | 5:20 | 11.3 |

Rzeźnik na Raty - dzień I, K20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|-----------------|----|--------------------------------|----------------------|------|------|--------|----------|----------|----------|--------|------|
| 1 | BONDARA SYLWIA | 71 | JACEK BIEGA | | | K20 | 1 | 01:58:03 | 03:39:51 | 03:39:51 | 6:39 | 9 |
| 2 | GURDEK WERONIKA | 19 | KRAKÓW | KRAKÓW | | K20 | 2 | 02:32:08 | 04:48:58 | 04:48:58 | 8:45 | 6.9 |
| 3 | BARCEWICZ MARTA | 54 | 12TRI.PL DRUŻYNA WILKA OLSZTYN | BISZTYNEK | | K20 | 3 | 03:53:42 | 06:08:16 | 06:08:16 | 11:09 | 5.4 |
| 4 | ZARZYCKA MONIKA | 12 | KB JOGGER NOWY DWÓR MAZOWIECKI | NOWY DWÓR MAZOWIECKI | | K20 | 4 | 02:46:28 | 06:52:45 | 06:52:45 | 12:30 | 4.8 |

Rzeźnik na Raty - dzień I, M20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|--------------------|----|-------------------------|----------------|------|------|--------|----------|----------|----------|--------|------|
| 1 | DOMISZEWSKI IGNACY | 67 | USTRZYKI DOLNE | USTRZYKI DOLNE | | M20 | 1 | 01:30:02 | 02:52:29 | 02:52:29 | 5:13 | 11.5 |
| 2 | JOSYPENKO JĘDRZEJ | 66 | JACEKBIEGA RUNNING TEAM | WARSZAWA | | M20 | 2 | 02:10:19 | 03:55:46 | 03:55:46 | 7:08 | 8.4 |
| 3 | STAWIARSKI JAKUB | 55 | LONGPLAY GORZÓW WLKP | KŁODAWA | | M20 | 3 | 01:57:52 | 04:12:23 | 04:12:23 | 7:38 | 7.8 |
| 4 | KRUPCZYŃSKI MICHAŁ | 37 | KRUPOLS TEAM | SZCZECIN | | M20 | 4 | 02:14:19 | 04:15:20 | 04:15:20 | 7:44 | 7.8 |
| 5 | BAŃCZAK KAMIL | 60 | | LESKO | | M20 | 5 | 01:50:27 | 04:20:08 | 04:20:08 | 7:52 | 7.6 |
| 6 | ŁYSAKIEWICZ PAWEŁ | 13 | NSK PERON | WARSZAWA | | M20 | 6 | 02:15:08 | 04:20:13 | 04:20:13 | 7:53 | 7.6 |
| 7 | KRUPCZYŃSKI SZYMON | 36 | KRUPOLS TEAM | RASZYN | | M20 | 7 | 02:21:00 | 04:35:35 | 04:35:35 | 8:21 | 7.2 |
| 8 | SADOWSKI RAFAŁ | 63 | BEŁCHATÓW | BEŁCHATÓW | | M20 | 8 | 02:10:20 | 04:35:57 | 04:35:57 | 8:21 | 7.2 |
| 9 | GŁOWACKI MICHAŁ | 50 | ŁĘCZYCA | ŁĘCZYCA | | M20 | 9 | 02:20:14 | 04:51:31 | 04:51:31 | 8:50 | 6.8 |
| 10 | DMOWSKI PAWEŁ | 51 | ŁĘCZYCA | ŁĘCZYCA | | M20 | 10 | 02:36:54 | 04:53:49 | 04:53:49 | 8:54 | 6.7 |
| 11 | LENARCZYK MICHAŁ | 41 | | WARSZAWA | | M20 | 11 | 02:36:15 | 05:15:56 | 05:15:56 | 9:34 | 6.3 |

Rzeźnik na Raty - dzień I, K30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|---------------------|----|-------------------------|-----------|------|------|--------|----------|----------|----------|--------|------|
| 1 | JOSYPENKO BOŻENA | 65 | JACEKBIEGA RUNNING TEAM | WARSZAWA | | K30 | 1 | 02:10:17 | 03:55:46 | 03:55:46 | 7:08 | 8.4 |
| 2 | KONSTANTY KATARZYNA | 10 | KRAKÓW | KRAKÓW | | K30 | 2 | 02:17:19 | 04:22:34 | 04:22:34 | 7:57 | 7.5 |
| 3 | SOBIESKA ALEKSANDRA | 15 | | WARSZAWA | | K30 | 3 | 02:44:32 | | | 9:51 | 6.1 |

Rzeźnik na Raty - dzień I, M30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|----------------------|----|-------------------------|------------------|------|------|--------|----------|----------|----------|--------|------|
| 1 | JAKUBCZYK PAWEŁ | 30 | CKBABCIE | KIELCE | | M30 | 1 | 01:37:49 | 03:06:46 | 03:06:46 | 5:39 | 10.6 |
| 2 | CIOŚMAK ANDRZEJ | 40 | PZU SPORT TEAM | BRATKOWICE | | M30 | 2 | 01:45:14 | 03:13:26 | 03:13:26 | 5:51 | 10.2 |
| 3 | PRĘDKI MIROŚLAW | 59 | JASŁO | PRZYSIEKI | | M30 | 3 | 01:47:17 | 03:17:49 | 03:17:49 | 5:59 | 10 |
| 4 | STYCZEŃ PIOTR | 24 | CKBABCIE | CHĘCINY | | M30 | 4 | 01:45:31 | 03:20:39 | 03:20:39 | 6:04 | 9.9 |
| 5 | JAKUBCZYK DARIUSZ | 31 | CKBABCIE | PODZAMCZE | | M30 | 5 | 01:49:35 | 03:25:29 | 03:25:29 | 6:13 | 9.6 |
| 6 | ŚWIERCZYŃSKI MARCIN | 28 | WARSZAWA | WARSZAWA | | M30 | 6 | 01:57:50 | 03:46:32 | 03:46:32 | 6:51 | 8.7 |
| 7 | FIJAŁKOWSKI RADOŚLAW | 49 | GCW CROSSFIT WARSZAWA | WARSZAWA | | M30 | 7 | 01:58:07 | 04:02:37 | 04:02:37 | 7:21 | 8.2 |
| 8 | CYGANEK GRZEGORZ | 47 | BYDGOSZCZ | BYDGOSZCZ | | M30 | 8 | 02:07:08 | 04:03:04 | 04:03:04 | 7:21 | 8.1 |
| 9 | RUZIŁK RAFAŁ | 44 | WARSZAWA | WARSZAWA | | M30 | 9 | 02:03:07 | 04:13:09 | 04:13:09 | 7:40 | 7.8 |
| 10 | FAFARA MAREK | 17 | KS KOZIÓLEK | KĘDZIERZYN-KOŻLE | | M30 | 10 | 02:14:14 | 04:15:20 | 04:15:20 | 7:44 | 7.8 |
| 11 | KWIATEK TOMASZ | 25 | JACEKBIEGA RUNNING TEAM | WARSZAWA | | M30 | 11 | 02:16:55 | 04:17:13 | 04:17:13 | 7:47 | 7.7 |
| 12 | PRÓBAN ROBERT | 64 | GLIWICE | GLIWICE | | M30 | 12 | 02:18:40 | 04:22:34 | 04:22:34 | 7:57 | 7.5 |
| 13 | WĘGIELEWSKI BARTOSZ | 52 | | KRAKÓW | | M30 | 13 | 02:15:05 | 04:42:42 | 04:42:42 | 8:34 | 7 |
| 14 | SŁOWIŃSKI KAROL | 72 | | KRAKÓW | | M30 | 14 | 02:27:22 | 04:48:55 | 04:48:55 | 8:45 | 6.9 |
| 15 | PRZYBYLSKI WITEK | 73 | OTK RZEŹNIK | GLIWICE | | M30 | 15 | 02:07:53 | 04:49:32 | 04:49:32 | 8:46 | 6.8 |
| 16 | KOWALCZYK MARIUSZ | 18 | RADOM | RADOM | | M30 | 16 | 02:21:55 | 04:52:12 | 04:52:12 | 8:51 | 6.8 |
| 17 | GRONIECKI MIKOŁAJ | 33 | WARSZAWA | WARSZAWA | | M30 | 17 | 02:20:25 | 04:52:49 | 04:52:49 | 8:52 | 6.8 |
| 18 | ANDRZEJEWSKI MACIEJ | 34 | WARSZAWA | WARSZAWA | | M30 | 18 | 02:31:18 | 04:52:50 | 04:52:50 | 8:52 | 6.8 |
| 19 | GAURA ŁUKASZ | 11 | BYDGOSZCZ | BYDGOSZCZ | | M30 | 19 | 02:21:34 | 04:53:49 | 04:53:49 | 8:54 | 6.7 |
| 20 | LENARCZYK MARCIN | 42 | | WARSZAWA | | M30 | 20 | 02:36:14 | 05:15:56 | 05:15:56 | 9:34 | 6.3 |

Rzeźnik na Raty - dzień I, K40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|-----------------------|----|------------------|--------------|------|------|--------|----------|----------|----------|--------|------|
| 1 | GURAK-STENCEL IZABELA | 62 | WODZISŁAW ŚLĄSKI | WODZISŁAW ŚL | | K40 | 1 | 02:35:29 | 04:48:19 | 04:48:19 | 8:44 | 6.9 |
| 2 | ANTOSZ MONIKA | 20 | NORAFSPORT | KRAKÓW | | K40 | 2 | 03:02:05 | 05:44:53 | 05:44:53 | 10:27 | 5.7 |
| 3 | BRZEZOWSKA BEATA | 69 | ALBATROSY | WARSZAWA | | K40 | 3 | 02:44:38 | 06:27:45 | 06:27:45 | 11:45 | 5.1 |

Rzeźnik na Raty - dzień I, M40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|--------------------|----|---------------------------|---------------|------|------|--------|----------|----------|----------|--------|------|
| 1 | GARDENER JACEK | 39 | JACEKBIEGA RUNNING TEAM | WARSZAWA | | M40 | 1 | 01:35:16 | 02:59:41 | 02:59:41 | 5:26 | 11 |
| 2 | GREWIŃSKI TOMASZ | 43 | RUN KAYAX RUN | WARSZAWA | | M40 | 2 | 02:07:03 | 04:02:48 | 04:02:48 | 7:21 | 8.2 |
| 3 | STAN MARCIN | 38 | WHITE RABBIT RUNNING TEAM | WARSZAWA | | M40 | 3 | 02:08:08 | 04:07:07 | 04:07:07 | 7:29 | 8 |
| 4 | ZIELIŃSKI ZBIGNIEW | 26 | WARSZAWA | WARSZAWA | | M40 | 4 | 02:08:03 | 04:08:28 | 04:08:28 | 7:31 | 8 |
| 5 | STENCEL PIOTR | 61 | WODZISŁAW ŚLĄSKI | WODZISŁAW ŚL | | M40 | 5 | 02:35:27 | 04:48:19 | 04:48:19 | 8:44 | 6.9 |
| 6 | KRYŚIAK ROBERT | 53 | | BORZĘCIN MAŁY | | M40 | 6 | 02:30:09 | 04:51:19 | 04:51:19 | 8:49 | 6.8 |
| 7 | KONIK JAROSŁAW | 56 | BBL KRAKÓW-NORAFSPORT | KRAKÓW | | M40 | 7 | 03:01:55 | 05:44:53 | 05:44:53 | 10:27 | 5.7 |
| 8 | MIRECKI JAN | 14 | | WARSZAWA | | M40 | 8 | | | | 5:20 | 11.3 |

Rzeźnik na Raty - dzień I, K50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|--------------------|----|------|--------------|------|------|--------|----------|-------|--------|--------|------|
| 1 | OBARSKA MAŁGORZATA | 32 | | STARACHOWICE | | K50 | 1 | 03:14:17 | | | 11:38 | 5.2 |

Rzeźnik na Raty - dzień I, M50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|---------------------|----|---------------------------|-----------|------|------|--------|----------|----------|----------|--------|------|
| 1 | TOMCZYK FERDYNAND | 48 | MODLITWA BIEGANIA GRYFINO | GRYFINO | | M50 | 1 | 02:08:04 | 03:57:44 | 03:57:44 | 7:12 | 8.3 |
| 2 | KRUPCZYŃSKI MARIUSZ | 27 | KRUPOLS TEAM | RASZYN | | M50 | 2 | 02:20:58 | 04:35:58 | 04:35:58 | 8:21 | 7.2 |
| 3 | ZOCHNIAK MAREK | 46 | PIASTÓW | PIASTÓW | | M50 | 3 | 02:30:10 | 04:51:19 | 04:51:19 | 8:49 | 6.8 |

Rzeźnik na Raty - dzień I, M50 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|-----------------|----|------------|------------|------|------|--------|----------|----------|----------|--------|------|
| 4 | BUĆKO ARTUR | 21 | JELEŃ GÓRA | JELEŃ GÓRA | | M50 | 4 | 02:44:38 | 05:05:22 | 05:05:22 | 9:15 | 6.5 |

Rzeźnik na Raty - dzień I, M60

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | 16.7km | Netto | Brutto | min/km | km/h |
|------|---------------------|----|-------|-----------|------|------|--------|----------|----------|----------|--------|------|
| 1 | WOSIK MAREK | 68 | | WARSZAWA | | M60 | 1 | 02:08:10 | 03:57:22 | 03:57:22 | 7:11 | 8.3 |
| 2 | JABŁOŃSKI KAZIMIERZ | 57 | PRĄDY | PRĄDY | | M60 | 2 | 02:44:28 | 05:27:59 | 05:27:59 | 9:56 | 6 |